

# SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN

## ANNUAL REPORT

### 2016 – 2017

#### **2016 – 2017 BOARD OF DIRECTORS**

Bruce McKee	President, Regina
Roxanna Schultz	Vice President, Regina
Calen Nixon	Treasurer, Regina
Janet Barber	Regina Beach
Brian Tkachuk	Moose Jaw
Faith Cameron	Regina
Jan Stirr	Regina
Marie Knutson	Eston
Mike Gardiner	Regina
Ryan Dean	Saskatoon

#### **STAFF**

Anita Hopfauf	Executive Director
Mingshu Yang	Administrative Assistant
Tanya Condo	Partnership Program Coordinator
Curtis Harman	Partnership Program Coordinator
Debbie Head	Bookkeeper
Shaun Schiller	Data Entry Specialist
Maria Alvarez	Peer Support Worker
Anthony Elsom	Support Worker

#### **Our Mission Is:**

**To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.**

#### **SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN AWARD WINNERS 2016 - 2017**

#### **RAYS OF HOPE AWARD Recipients:**

- Mike & Caryl Gardiner
- Ryan Dean

#### **DR. LIONEL AND MRS. MARY HASTINGS AWARD**

#### **Recipients:**

- Dr. Melanie McLeod
- Cathy Keenan Arp
- Anita Hopfauf

#### **COMMUNITY SPIRIT AWARD**

#### **Recipients:**

- Bobcat
- Scotiabank

## TABLE OF CONTENTS

Proposed Agenda.....	3
Meeting Minutes from June 14, 2016.....	4
Provincial President’s Report.....	6
Executive Director’s Report.....	7
Regina Chapter Report.....	9
Treasurer’s Report.....	10
Auditor’s Report (See Appendix A ).....	11
National Board Representative’s Report	
For the Schizophrenia Society of Canada.....	12
Partnership Program Report.....	13
Strengthening Families Together Program Report.....	15
Your Recovery Journey Program Report.....	16
Peer Support.....	17
Healing Through Humour Program Report.....	18
Committees Report.....	19
Nominations Committee Report.....	20
Biographies of Nominees. ....	22
Appendix A.....	24

ANNUAL MEMBERSHIP MEETING  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.  
TUESDAY, JUNE 13, 2017  
UNITED WAY OF REGINA –COMMUNITY ROOM

**PROPOSED AGENDA**

---

1. *Welcome and call to order*
2. *Accept June 14, 2016 minutes as circulated*
3. *Business arising out of old minutes*
4. *Call for other business to be added to the agenda*
5. *Reports*
  - 5.1 *Provincial President's Report*
  - 5.2 *Executive Director's Report*
  - 5.3 *Regina Chapter President's Report*  
*Motion to accept reports 5.1 – 5.3:*
  - 5.4 *Treasurer's Report*  
*Motion:*
  - 5.5 *Auditor's Report*  
*Motion:*
  - 5.6 *Motion to: Appoint auditor for 2017-18 year*
  - 5.7 *National Representative's Report*
  - 5.8 *Partnership Program Report*
  - 5.9 *Strengthening Families Together Program Report*
  - 5.10 *Your Recovery Journey Report*
  - 5.11 *Peer Support Report*
  - 5.12 *Healing Through Humour Report*
  - 5.13 *Committees Report*  
*Motion to accept reports 5.7 – 5.13*
  - 5.14 *Nominations Committee Report*  
*Motion:*
6. *Other business*
7. *Adjournment*

ANNUAL MEMBERSHIP MEETING  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN

TUESDAY, JUNE 14, 2016

RAMADA PLAZA  
REGINA

**MEETING MINUTES**

---

**Meeting Minutes taken by: Anthony Elsom**

1. Welcome and call to Order – Melanie McLeod
2. Accept June 16, 2015 minutes as circulated  
–Melanie corrected date  
**Motion:**  
–Mike Gardiner  
–Pat Drews – Carried
3. Business arising out of old minutes – Nothing
4. Call for other business to be added to the agenda – Nothing
5. Reports:
  - 5.1 President’s Report – Reviewed by Melanie McLeod
  - 5.2 Executive Director’s Report – Anita – reviewed highlights
  - 5.3 Chapter President’s Reports
    - I. Regina – Mike Gardiner
    - II. Saskatoon – Mike on behalf of Ryan Dean  
\* Regina correction \$1500 – to the caring place**Motion** to accept reports 5.1 – 5.3:  
– Dean Ast  
– Terri Sleevea 2nd – Carried
  - 5.4 Treasurer’s Report – Melanie McLeod presented for Joan Baylis  
**Motion:**  
– Pat Drews  
– Dean Ast 2nd – Carried
  - 5.5 Auditor’s Report  
**Motion:**  
– Melanie read Joan Baylises motion  
– Dean Ast 2nd – Carried
  - 5.6 Motion to: Appoint auditor for 2016-17 year  
**Motion:**  
– Joan Baylis  
– Pat Drews 2nd – Carried

- 5.7 National Representative's Report – Read by Melanie McLeod  
– Pat Drews – Clarification
- 5.8 Partnership Program Report – Tanya Condo and Curtis Harman
- 5.9 Strengthening Families Together – Jenine LeCuyer
- 5.10 Your Recovery Journey – Maria Alvarez and Tanya Condo
- 5.11 Healing Through Humour Report – Ian Morrison
- 5.12 Committees Report – Anita Hopfauf
  - Motion** to accept reports 5.7 – 5.12
  - Dean Ast
  - Pat Drews 2nd – Carried
- 5.13 Nominations Committee Report – Correction – Calen Nixon
  - Motion** on proposed slate of board of directors
  - Dean Ast
  - Terri Sleeva 2nd – Carried
- 6.0 Other business – None
- 7. Adjournment – Dean Ast – Carried

## PROVINCIAL PRESIDENT'S REPORT

It has been a busy year for the Schizophrenia Society of Saskatchewan and I am very proud to have served the remainder of the term of our past President, Dr. Melanie McLeod.

I want to thank the new and returning Board members for their support and contributions during the year. Together we have been able to start a process of strategic planning and evaluation, establish new financial structures and continue fundraising events all of which will be very helpful in the future.

This year's Champions for Mental Health dinner with Olympian Silken Laumann as the speaker was again a great success thanks to a dedicated group of volunteers and I want to thank them very much for their efforts.

I also want to thank the staff of the Schizophrenia Society for their efforts in supporting families and individuals with Schizophrenia and other mental illnesses. They have once again gone beyond the call of duty to reduce stigma and spread awareness.

I want to especially recognize Anita Hopfauf who will be leaving the Society at the end of June. She was an invaluable help to me during the year and a great asset to the Schizophrenia Society of Saskatchewan for many years and will be missed.

Submitted by,

Bruce McKee  
President  
Schizophrenia Society of Saskatchewan

## EXECUTIVE DIRECTOR'S REPORT

This year the Schizophrenia Society of Saskatchewan (SSS) has been operating for 35 years. We have made many great strides over the years to make people more aware of Schizophrenia and related mental illnesses and in helping to reduce stigma and get individuals more timely treatment. My hopes are that in the upcoming year, some resources from the federal health transfer fund earmarked for mental health will be accessed and used to support the excellent work that is done in our community organizations.

We had two large fundraising/awareness events this year. One was in Saskatoon and was the 25<sup>th</sup> year of the Walk, it was called, *25 Years Growing Stronger*. The other was the Champions for Mental Health Dinner in Regina with guest speaker Silken Laumann with approximately 400 people in attendance this year. A huge thank-you to our wonderful volunteers in Saskatoon and Regina that worked on both of these fundraisers because without you, neither of these events would have been possible.

We continue to be actively involved with the Disability Income Support Coalition (DISC) to work together with other disability related organizations to make improvements to the Saskatchewan Assured Income for Disability (SAID) Program. This is an income support program for people with significant and enduring disabilities. Many of those we serve benefit from this program and that is why it is so important that we protect and defend it.

The Meet the Resident Psychiatrist Program under Dr. Reddi's supervision continues to be a wonderful addition to the services provided at the provincial office. Over this fiscal year we have had 3 excellent resident psychiatrists take turns and come into the office one morning a week to provide support to those that we serve. A big thank-you to Dr. Neda Abedi, Dr. Meera Ghandi and Dr. Sareena Purewal for your care and compassion.

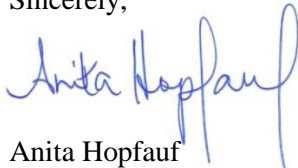
I would like to thank our dedicated full-time, part-time, and contractual staff for their hard work and perseverance over the past year. Like many other mental health organizations we are also lacking resources. It has been very difficult for our small staff to meet the growing demands on our services across the province and it has been very overwhelming; however everyone keeps trying their best to keep up with the requests for our help. I sincerely appreciate each and every one of you for continuing to push through in our busy work environment!

I want to say thank-you to our fantastic volunteers for their continued hard work and commitment to our mandate; we would not be able to do everything we do without their assistance.

Last, but not least, I want to thank our wonderful Board of Directors for all of their support, hard work, and dedication. I appreciate the professionalism, compassion, knowledge, and expertise that each of our board members bring to our organization. I would like to thank Bruce McKee for his wisdom, time, support and dedication as our Board Chair for the past year.

It has been my great privilege working for the SSS over the past 18 years with the SSS. I will sincerely miss each and every one of you.

Sincerely,



Anita Hopfauf  
Executive Director  
Schizophrenia Society of Saskatchewan



# CHAPTER REPORT

## REGINA CHAPTER

---

Our Chapter met in November of 2016 at which time we made the decision to cease operations as a chapter and forward all remaining funds to the provincial office of the Schizophrenia Society of Saskatchewan. We sponsored a Christmas Social at the Provincial office where we had some of our past and present members, the staff and Provincial board members attend the luncheon.

We have been continuing with Caring & Sharing meetings once a month up until June but attendance has been quite light so we will probably cease our Caring & Sharing meetings for the rest of 2017.

I would like to thank all of those who faithfully attended all of our meetings throughout the past years. The other Regina Chapter board members offered very valuable input and assisted with many fundraisers that have allowed us to assist our friends throughout the local Mental Health Community. Many thanks to Anita Hopfauf and the office staff for the assistance that they have provided over the years.

Respectfully Submitted

Mike Gardiner  
Past President,  
Regina Chapter, Schizophrenia Society of Saskatchewan

## TREASURER'S REPORT

I am pleased to report to the members that the financial position of the Schizophrenia Society of Saskatchewan remains strong, as reflected in the financial statements for the year ending March 31, 2017.

The major portion of the Society's funding continues to come from Saskatchewan Health and fundraising efforts such as the Champions dinner. Additional revenue sources include funds from investments and many other special private, estate, corporate, and pharmaceutical sources. The generosity of the Society's members has been very remarkable indeed and continues to be the fabric for the immeasurable personal and community connections that makes the Society continuous and vibrant.

Part of the Society's funding is a strategic grant for the expansion of Society activities to benefit northern and rural areas, further to proposals and coordinating by our Executive Director Anita Hopfauf and President Bruce McKee.

Our Executive Director, committed staff and bookkeeper have all diligently shown resolve in limiting unnecessary costs and adjusting for a projected deficit year. Staff has continued to show tremendous initiative in exploring opportunities to generate revenue, offsetting expenditures and making additional use of budgeted expenses.

This past year, the board has lessened its cash position and increased investments with professional financial advice to generate further operating income. The board has conducted reviews of the quantifiable costs associated with each of its programs for more informed budgeting. At the initiative of Board Member Brian Tkachuk, the board has set its mind to establishing and using strategic reserves for improved year after year fiscal planning and longevity.

The board of the Society remains firmly committed to making prudent use of the Society's resources to achieve the goals of improving the quality for those affected by Schizophrenia and psychosis through education, support programs, public policy and research.

Yours truly,

Calen Nixon

Treasurer

# AUDITOR'S REPORT

Please see Appendix A.

## NATIONAL BOARD REPRESENTATIVE'S REPORT

Our CEO, Chris Summerville, Schizophrenia Society of Canada, is very instrumental in ensuring that the obligations of the National Board are met with the highest standard of care by being very committed and dedicated. This year there was an Environmental Scan process worked on and updated by Neasa Martin & Associates.

The year of 2016-2017 was not without challenges, the number one challenge being the lack of funds to continue to carry and implement some of the great ideals and programs that is continuing being put forth by the Board.

A Fund Development Plan has been developed with the strategy and goal to hire a Director of Development working with RBR Associates. This will allow the SSC to achieve the financial goals that are designed.

Up to date Clinical Guidelines were designed along with Dr. Don Addington (Chief Executive Officer of SSC) to allow user friendly booklets to be printed by SSC.

Ryan Clark lends his knowledge with Advocacy Solutions around the Health Accord: (A request for more Early Psychosis Intervention Clinics across Canada). A meeting to this degree was held with the Minister of Health's Deputy of Policy (Caroline Pitfield) and Public Health Agency (Ana Omano).

Chris Summerville, Co-Chair of Canadian Alliance on Mental Illness and Mental Health (CAMIMH) has developed a "Mental Health NOW" document along with SSC. This was submitted to Minister Philpott in regard to the Health Accord.

Advocacy was done with Members of Parliament and Senators on Parliament Hill with SSC board members, Paul King-Fisher and Florence Budden. This helped create dialogue and awareness in mental health.

The Board, Chris Summerville and staff continue to work, *"To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research."*

Thank you to the Board of SSC, Chris Summerville and staff for their continuous hard work.

Respectfully submitted,

Joan Baylis

Saskatchewan Representative

## PARTNERSHIP PROGRAM REPORT

The Partnership Program continues to go strong into its 19<sup>th</sup> year. Over the past fiscal year, 341 presentations have been given to 8,952 people throughout Saskatchewan. The Partnership Program teams in Regina and Saskatoon have given a grand total of 4,181 presentations to 110,219 people from January 1<sup>st</sup>, 1998 to March 31<sup>st</sup>, 2017. Approximately 75 people with the lived experience of mental illness, family members, and mental health professionals have presented in Saskatchewan over the past year. The Partnership reached a milestone last September as giving the 4,000<sup>th</sup> presentation in Saskatchewan to well over 100,000 people since the program began.

High School students continue to be our priority target audience as mental illness often develops at this time. There have been 124 presentations given to 3,910 students at high schools and elementary schools over the past fiscal year. Numerous presentations were given to University and College audiences to a wide variety of educational institutions across the province.

Presentations were given in communities outside of Regina and Saskatoon including Prince Albert, Warman, Martensville, Dalmeny, Clavet, Meadow Lake, Balgonie, Lumsden, and Kylemore. Numerous presentations were given to RCMP recruits that are trained in Regina and posted across the country. Further presentations were given at drug and alcohol rehabilitation centers, homeless shelters, in hospital psychiatric wards, to community based organizations, businesses and a number of other organizations. We continued to reach Aboriginal audiences including Fishing Lake Reservation-Chamkun Health Centre, Dumont Technical Institute, Indian Institute of Technology in Saskatoon, and Oskayak First Nations High School Saskatoon. Presentations were also given at various events and conferences including the Living with Mental Illness Conference in Saskatoon and the Canadian Pension Benefit Institute in Regina and Saskatoon.

The Partnership Program in Saskatoon received positive media exposure over the past fiscal year. Various media interviews were given on Brett Francis's Not Broken Radio program which has a weekly listenership of several hundred thousand people. Program team members were featured on shows about schizophrenia, psychosis, bipolar disorder, addictions and talking about the Partnership Program.

Retired psychiatric nurse, Partnership team member and former Schizophrenia Society board member Gloria Goodman has taken a staff position coordinating various presentations in rural and remote areas. Tanya Condo completed her third year as program coordinator in Regina. Curtis Harman

completed his 15<sup>th</sup> year as program coordinator for Saskatoon and area and overall 18<sup>th</sup> year as a staff member.

Retired social worker, Partnership team member, and former Saskatoon Chapter vice president Barb O'donnell passed away due to complications from dementia last October. Barb will be remembered for being one of the pioneers for mental health in our community. She made a big difference in many people's lives.

Much data and audience feedback has been collected by the Partnership Program to show positive outcome measures and how effective the program is. A strong number of 96% of audience members surveyed said they strongly agree or agree that our presentations have increased their understanding of schizophrenia and/or other mental illnesses. A grand total of 94% of audience members surveyed said they strongly agree or agree that the presentations have provided them with useful information. Here are just two out of thousands of positive comments on audience surveys from the past year. "I find it much easier to sympathize and identify with somebody who has a mental illness." (RCMP Cadet) "Every student should hear this presentation. Their stories of recovery are inspiring. I used to think people with schizophrenia and bipolar disorder were all violent and now I know they're not." Please contact Tanya Condo in Regina at 306-584-2369 or [Tanya@schizophrenia.sk.ca](mailto:Tanya@schizophrenia.sk.ca) or Curtis Harman in Saskatoon at 306-374-3220 or [Curtis@schizophrenia.sk.ca](mailto:Curtis@schizophrenia.sk.ca) or Gloria Goodman for rural areas at 306-374-2224 or [Gloria@schizophrenia.sk.ca](mailto:Gloria@schizophrenia.sk.ca) if you are interested in joining the Partnership Program team or if you would like to book a presentation.

Thank you all our presenters with the lived experience, our family members of people with the lived experience, our mental health professionals, our funders and our hosts for inviting us to present.

You have all helped make a major difference throughout Saskatchewan!

Sincerely,

Curtis Harman, Partnership Program Coordinator – Saskatoon

Gloria Goodman, Partnership Program Coordinator – Rural

Tanya Condo, Partnership Program Coordinator – Regina

## STRENGTHENING FAMILIES TOGETHER PROGRAM REPORT

Strengthening Families Together (SFT) is a National 10-session program. It is about the issues that impact people with a mental illness and their families on a daily basis. The program covers a wide range of topics including mental illnesses, self-care, communication, advocacy, understanding the mental health system, living with an illness, and recovery. The program is designed to provide support, awareness, and tools to cope.

SFT strengthens the capacities of families to work together towards the recovery of a family member with an illness. Participants include family members of someone with a mental illness and those that live with mental illness. The course leads participants through a series of modules focused on education, skill development, and the recovery model. Facilitators of the program are optimally a family member and a mental health professional. The program was developed by the Schizophrenia Society of Canada and includes established and measurable program outcomes.

The SFT program was offered in Regina this past year. Jenine LeCuyer co-facilitated the program along with Dave Gibson who is a Social Worker at the Regina Mental Health Clinic. We also had the help of a University of Regina social work student, Melanie Chodak who was completing her practicum with the Schizophrenia Society of Saskatchewan.

We include a Partnership Program presentation each year which is always a highlight with the participants. Feedback is consistently positive.

Sincerely,  
Jenine LeCuyer  
Program Facilitator

## YOUR RECOVERY JOURNEY PROGRAM REPORT

The Recovery Journey Program was offered in Regina once this past fiscal year. Maria Alvarez and Tanya Condo led the course. Both women have lived experience as the course is designed to be peer led. They also have training as WRAP facilitators and Maria has led the Your Recovery Journey course several times.

The Your Recovery Journey Program was created by the Schizophrenia Society of Canada in 2008 with input from individuals with lived experience all across Canada. Both Mia Hill and Maritza Tello, both long time members of the Regina Partnership Program were able to provide valuable input into the program.

In developing the program, components of the Wellness Recovery Action Plan (WRAP) were added. Tanya and Maria have additionally updated the program and added a few more of the tools used in WRAP to complement the Your Recovery Journey Program. Tanya and Maria feel very strongly about the Your Recovery Journey with WRAP. They feel it teaches people how to gain insight into their illness and also emphasizes personal responsibility in looking after themselves.

This is the first time we have offered the revised program with success. The attendance was very good. From the surveys the participants completed at the end of the course we saw that 100% of them had experienced positive changes with helping them in their recovery.

Debbie Walters, another long time Partnership Program presenter took the training to become a facilitator and will take over for Tanya Condo in the new fiscal year. Maria and Debbie will co-facilitate the program together. The Regina Qu'Appelle Health Region gave a small grant in order to be used to promote the program in the Regina community. We plan to offer the program in Regina on a more regular basis now that we have some funds to deliver it.

We have also received funds from the Morris Foundation in Saskatoon to deliver the Your Recovery Journey program in Saskatoon this coming fiscal year, so we are excited about being able to deliver the program there again soon.

Respectfully Submitted,

Maria Alvarez

Tanya Condo

Schizophrenia Society of Saskatchewan



## PEER SUPPORT REPORT

Maria Alvarez has been the Peer Support Worker in the Provincial office for over a year now. Maria's office hours are Tuesday and Thursday afternoons from 1:00 to 4:00 pm.

Maria also facilitates a support group one evening a month with co-facilitator Debbie Walters. The Regina Peer Support group meets once a month and has been running successfully for many years. There is a core group of participants with new people joining all of the time. It provides a safe place for people with all types of mental illness to share their experiences and get support.

Maria provides support to those coming into the office, over the phone or via email. As well she receives calls from outside Regina looking for support. She often sits and chats with clients and offers them support around various issues and helps them navigate the system. Maria provides guidance and lets people know where to go to make connections and get help.

Maria feels her personal experience helps her tremendously as a peer support worker. She feels privileged to be able to help others on their path to recovery. She emphasizes not to give up hope and that recovery is possible.

The SSS also plans to hire a part-time peer support position in the Saskatoon office to duplicate what we are doing in Regina in the new fiscal year with funding support from the Morris Foundation. The SSS believes peer to peer support is one of the best ways to help people along in their recovery journey.

Respectfully Submitted,  
Maria Alvarez  
Schizophrenia Society of Saskatchewan

## HEALING THROUGH HUMOUR PROGRAM REPORT

Healing through Humour is a joint project of Canadian Mental Health Association (CMHA) Saskatchewan Division office and the Schizophrenia Society of Saskatchewan (SSS). The program is designed to teach people living with mental illness and mental health issues the art of comedy writing and performance. It also breaks down barriers of discrimination and builds self-esteem through comedic performance.

The facilitator for this project is Ian Andrew Morrison. Ian is a graduate of the Humber College of Comedy Writing and Performance in Toronto, Ontario and has been performing comedy since the age of 13.

This year we had a fundraiser performance, are in the process of recording our third comedy album and completed our first feature film which was screened at the Cineplex cinemas. We hope to be giving you lots more comedy in the upcoming year.

Ian Morrison,

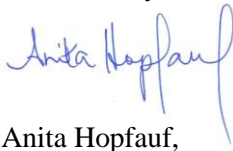
Program Facilitator  
Healing Through Humour

## COMMITTEES REPORT

Over the past year the SSS Executive Director and staff have served on 7 different committees. The Schizophrenia Society of Saskatchewan continues to work closely with many other community partners on a variety of different initiatives and advocacy issues. Each committee is very important to the work of raising awareness and improving Mental Health Services and the quality of life for those living with a mental illness. The following list is the committees we were members of over the past fiscal year:

- Schizophrenia Societies Executive Directors/CEO's  
Provincial Networking Group
- Disability Income Support Coalition (DISC)
  - *DISC Media Sub-Committee*
- Saskatchewan Mental Health Coalition
- Mental Health and Addictions Action Plan Reference Committee
- Living with Mental Illness Workshop Committee
- Champions for Mental Health Committee

Submitted by,



Anita Hopfauf,  
Executive Director  
Schizophrenia Society of Saskatchewan, Inc.

# NOMINATIONS COMMITTEE REPORT

## **Nominations and Election of the Board of Directors**

*The Board of Directors shall consist of a minimum of six (6) members and a maximum of eleven (11) members, each of whom at the time of his/her election or within ten (10) days thereafter and throughout his/her term of office shall be a member of the Society.*

## **Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2016-2017:**

1. Bruce McKee
2. Roxanna Schultz
3. Calen Nixon
4. Janet Barber
5. Marie Knutson
6. Jan Stirr
7. Ryan Dean
8. Brian Tkachuk
9. Faith Cameron
10. Mike Gardiner

## **Current Board members whose terms are continuing:**

- Roxanna Schultz (will be serving the second year of her first term)
- Calen Nixon (will be serving the second year of his first term)
- Faith Cameron (will be serving the second year of her first term)
- Brian Tkatchuk (will be serving the second year of his first term)

## **Current Board members Seeking Re-election for a 2-Year Term:**

- Bruce McKee
- Mike Gardiner
- Janet Barber

## **There are 2 board members not continuing terms or seeking re-election:**

- Jan Stirr
- Ryan Dean

(The maximum board membership shall be for three continuous two-year terms unless at an annual general meeting, a resolution approved by the membership allows the term of office or the maximum number of terms of a director or directors beyond these limits).

**Nominees to the Board of Directors:**

- Dan Sherven
- Jeff James
- Charlene Pawluk

**Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2017-2018**

1. Bruce McKee
2. Roxanna Schultz
3. Calen Nixon
4. Janet Barber
5. Marie Knutson
6. Faith Cameron
7. Mike Gardiner
8. Brian Tkatchuk
9. Dan Sherven
10. Jeff James
11. Charlene Pawluk

## **BIOGRAPHIES OF NOMINEES**

### **Dan Sherven Bio**

Dan is a long term educator who completed his Bachelor of Education in 1975. His career as a teacher, in-school administrator, human resource manager and Assistant Director of Education spanned 37 years. He was a member and/or chair of many diverse committees including the amalgamation of two school divisions. In the last ten years of his career in education Dan was afforded extensive opportunities to work closely with senior administration and board of education at the school division and provincial government levels.

As a parent of a son who was diagnosed with schizophrenia one year ago, Dan is very committed to supporting families and individuals who suffer with mental illnesses. He is excited and challenged by the opportunity to make a difference through his involvement at the board level of the Schizophrenia Society of Saskatchewan.

### **Jeff James Bio**

Jeff obtained a degree in social work from the University of Regina in 2012 and a Master of Public Administration in 2017. Since 2014, he has worked as a clinical social worker with Child and Youth Mental Health Services (RQHR).

Jeff also occasionally presents his family story with the Schizophrenia Society's Partnership Program, telling the story of growing up with a parent who has bi-polar disorder. Over the past three years, he has also assisted with the Society's Champions for Mental Health fundraiser. He demonstrates his passion for mental health awareness and education at any opportunity!

## **Charlene Pawluk Bio**

Charlene is happily married with 2 sons (both married) and 4 lovely grandchildren. Her family is her pride & joy. She is currently working for PWA Engineering Ltd. in Saskatoon.

Charlene has been a long-time volunteer with the Saskatoon Chapter of the Schizophrenia Society of Saskatchewan. She was a family presenter for the Saskatoon Partnership Program starting in October, 2004 until a few years ago. Charlene has continuously been involved with the annual Saskatoon Walk for over 10 years. She has organized a committee to bring David Granirer to Saskatoon for a Stand Up for Mental Health Comedy Night in 2009. This has generated awareness for mental health as well as raising much needed funds for the Schizophrenia Society. She has worked with other members in raising money at steak nights. Charlene was proud to serve a term on the Saskatoon Board of Directors.

In 2014, Charlene was the honoured recipient of the Rays of Hope Award for her exceptional contribution. Charlene believes that through continued awareness and education it will help achieve the goal of removing stigma from schizophrenia and other mental illnesses.