



A REASON TO HOPE. THE MEANS TO COPE.  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

### RESIDENT PSYCHIATRIST

Learn about our Resident Psychiatrist for the summer.

### WELCOME

A welcome to our new staff.

### GOODBYES

Our farewells.

### BOARD MEMBER UPDATES

Information on our Board Members.

### FAMILY SUPPORT GROUP

Read about our new group.

FINISH READING ON PG.2



## CHAMPIONS EVENT

Save the date for  
October 15th!

READ MORE ON PG. 1



*OUR 40th ANNIVERSARY  
50/50 RAFFLE* - Read about  
the funds raised and our winner!

### 2022 AWARD RECIPIENTS

Learn about this years award recipients.

**SASKATOON PARTNERSHIP PROGRAM  
& 40th ANNIVERSARY BBQ**

Read about our gathering.

FINISH READING ON PG. 3

**5; A / ( \$ h ' 7 9 @ 6 F 5 H C B**  
Learn more about our AGM.

**SASKATOON REC GROUP and  
REGINA PEER SUPPORT GROUP**

All the latest updates on groups.

**REGINA PARTNERSHIP PROGRAM BBQ**  
Read about our BBQ.

**PARTNERSHIP PROGRAM**

Updates & information about presentations.

FINISH READING ON PG. 4



## CONTACT US!

call: 1-877-584-2620  
email: info@schizophrenia.sk.ca



A REASON TO HOPE. THE MEANS TO COPE.  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

# Champions for Mental Health Dinner and Auction.

**Oct. 15th, 2022.**  
**5:00-10:00 p.m.**

**At the Delta Hotel  
by Marriott Regina**

**Come hear our keynote speaker,  
Craig Heisinger, assistant general  
manager of The Winnipeg Jets  
and much more!**

**Purchase your  
tickets today!**

**Call: (306) 584-2620 or Toll  
Free: 1(877) 584-2620 Email:  
info@schizophrenia.sk.ca**



Your generosity helps us to  
reduce stigma, provide  
programs, and offer  
support & education to  
folks across Saskatchewan!

*Reception 5:00PM • Dinner 6:00PM*

*Tickets: \$125 per person*

*Corporate Table of 8: \$1250 (Tickets non-refundable)*

**Unable to attend? Consider making a donation!**

## RESIDENT PSYCHIATRIST

Our resident psychiatrist for the summer months is Dr. Joshua Howie. He is available for appointments on select Monday mornings. This service is available for general information purposes, and please note that Dr. Howie does not prescribe medication. For any additional information or to make an appointment be sure to contact our office via phone: (306) 584-2620 or email: [info@schizophrenia.sk.ca](mailto:info@schizophrenia.sk.ca)



## WELCOME

We are excited to share that **David Field** has joined us as our new **Rural Partnership Program Coordinator**. Prior to taking on this role, David has been a long time Partnership Program speaker as well as video editor for our Society! Welcome to the team David!



We would also like to extend a warm welcome to **Hope Robertson**, who will be our mini-practicum student for the fall. She joins us from the University of Regina, Social Work Program. We are looking forward to getting to know you!

## GOODBYES

A big thank-you to **Jodie Lamb-Alecxe** for all her amazing work as our previous Rural Partnership Program Coordinator! You were a great asset to our team, and you will be missed! We wish you all the best with your future endeavors.



Another huge thank-you to **Keely Bitternose**, our wonderfully helpful summer student! We wish to thank you for supporting our office and sharing your talents with us. Keely is returning to the University of Regina and going into her 3rd year of Psychology.



## BOARD MEMBERS

We wish to thank **Calen Nixon** for his dedication as our former Financial Officer, we appreciate all the assistance you have provided! We are pleased to share that **Jocelyn Underwood** has taken on this role.

## FAMILY SUPPORT GROUP

We are excited to share that due to popular demand, we are starting a **new Family Support Group!** This group will be available to family members across Saskatchewan. It will be a once a month group, hosted online via Zoom. Our first gathering will be on October 11th, 7:00-8:00pm.

For more information contact: [maria@schizophrenia.sk.ca](mailto:maria@schizophrenia.sk.ca) or [heidi@schizophrenia.sk.ca](mailto:heidi@schizophrenia.sk.ca)

## 40th ANNIVERSARY 50/50 RAFFLE



Congratulations to our 50/50 raffle winner Alexis Rowsell, who also happens to be one of our Partnership Program Speakers!

Thank-you to everyone who purchased raffle tickets, your support is appreciated. Due to your generosity we were able to raise over \$2200 for our vital work and important programming !



## 2022 AWARD RECIPIENTS

Each year we give out awards to celebrate some extraordinary folks that we wish to recognize. We thank-you for your dedication and the important role you play within our organization and in the lives of those who experience mental illness. Our 2022 award recipients are:

Dr. Lionel & Mrs Mary Hastings Award: Marg Petty

Rays of Hope Award: Carol Spencer

Rays of Hope Award: Adeline Morris

Community Spirit Award: The Cave (Kosmas Family)

Partnership Program Recognition, 20 years: Ron Doorn & Marg Petty.

## PARTNERSHIP PROGRAM & 40th ANNIVERSARY DINNER - SASKATOON



On June 16th, 2022 we had a gathering with our Partnership Program speakers, special guests, staff and board members. We met at the Cave restaurant where we enjoyed a wonderful supper and had a great evening. We took this opportunity to thank our speakers and special guests, give out awards, watch our 40th anniversary video, enjoy some cake, and more!

## AGM & 40th CELEBRATION

On June 14th, 2022, a variety of members, board, and staff gathered for the Schizophrenia Society of Saskatchewan's annual general meeting (AGM) for the 2021-2022 year as well to kick-off our celebrations our 40th anniversary. We enjoyed having the opportunity to meet in person, to reflect on this year's accomplishments, and discuss our future goals. We also enjoyed some cake, a commemorative video, & more!

Thank-you to everyone for your attendance and support!



If you would like to read our annual report it can be found on our website by clicking *About Us* then scrolling to the appropriate link.

## SASKATOON RECREATION GROUP & REGINA PEER SUPPORT GROUP

Saskatoon Recreation Group has been enjoying our weekly in-person coffee group! We are meeting Thursdays 2:00-3:00pm at La Prep in Scotia Center. Contact [Heidi@schizophrenia.sk.ca](mailto:Heidi@schizophrenia.sk.ca) for more information. We also have a variety of other activities which can be found via our calendar!

Our in-person Regina Peer Support Group is back in action! We meet on the first Wednesday of every month, at our Regina Office from 6:30-8:30pm. Contact [Maria@schizophrenia.sk.ca](mailto:Maria@schizophrenia.sk.ca) for details.



## REGINA BBQ



On Friday, August the 5th, we hosted Regina's annual Partnership Program: Thank You BBQ. We celebrated the success of our many volunteers who help spread our message of hope through their stories. Without their dedication we would not have the same level of success. With about 30 volunteers in attendance, it was a fun day filled with great food, good weather, and amazing people.

## PARTNERSHIP PROGRAM

Our Partnership Program is excited for the Fall season to start, which always means lots of opportunities to present. We are presenting in-person and virtually as needed.

We are always looking for new speakers and new audiences!  
For more information or to book a Partnership Program Presentation, contact:

- Saskatoon area (Curtis) at [Curtis@schizophrenia.sk.ca](mailto:Curtis@schizophrenia.sk.ca)
- Regina area (Sean) at [Sean@schizophrenia.sk.ca](mailto:Sean@schizophrenia.sk.ca)
- Rural and Northern (David) at [David@schizophrenia.sk.ca](mailto:David@schizophrenia.sk.ca)

