



A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

Schizophrenia Society Saskatchewan

Annual General Meeting

Fiscal Year April 1, 2018 to March 31, 2019

2019



**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
ANNUAL REPORT
2018 – 2019**

2018 – 2019 BOARD OF DIRECTORS

Bruce McKee President, Regina
Roxanna Schultz Vice President, Regina
Calen Nixon Treasurer, Regina
Janet Barber Regina Beach
Brian Tkachuk Moose Jaw
Kathy Evans Saskatoon
Tracey Carr Saskatoon
Jeff James Regina
Jaime Mantesso Regina
Mike Gardiner Regina
Charlene Pawluk Saskatoon

STAFF

Dan Sherven Executive Director
Nisha Macleod Administrative Assistant
Tanya Condo Regina Partnership Program
 Coordinator
Curtis Harman Saskatoon Partnership Program
 Coordinator
Sean Barschel Rural Partnership Program Coordinator
Gloria Goodman Saskatoon Office and Program
 Coordinator
Shaun Schiller Data Entry Specialist
Maria Alvarez Peer Support Worker
Debbie Head Contract Bookkeeper

Our Mission Is:

To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.

**SCHIZOPHRENIA SOCIETY OF
SASKATCHEWAN
AWARD WINNERS
2018 - 2019**

RAYS OF HOPE AWARD

Recipients:

- Morris Foundation – Wendy Morris

**DR. LIONEL AND MRS. MARY HASTINGS
AWARD**

Recipients:

- Nancy George

COMMUNITY SPIRIT AWARD

Recipients:

- Nicky's Café – Kevin Foley

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ANNUAL MEMBERSHIP MEETING
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.
TUESDAY, JUNE 11, 2019
1311 SASKATCHEWAN DRIVE–THOM BARTRAM WELLNESS CENTER

PROPOSED AGENDA

1. *Welcome and call to order*
2. *Accept June 19, 2018 minutes as circulated*
3. *Business arising out of old minutes*
4. *Call for other business to be added to the agenda*
5. *Reports*
 - 5.1 *Provincial President's Report*
 - 5.2 *Executive Director's Report*
Motion to accept reports 5.1 – 5.2:
 - 5.3 *Treasurer's Report*
Motion:
 - 5.4 *Auditor's Report*
Motion:
 - 5.5 *Motion to: Appoint auditor for 2019-20 year*
 - 5.6 *National Representative's Report*
 - 5.7 *Partnership Program Report*
 - 5.8 *Strengthening Families Together Program Report*
 - 5.9 *Your Recovery Journey Report*
 - 5.10 *Peer Support Report*
 - 5.11 *Committees Report*
Motion to accept reports 5.6 – 5.12
 - 5.12 *Nominations Committee Report*
Motion:
6. *Other business*
7. *Adjournment*

ANNUAL MEMBERSHIP MEETING

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.

TUESDAY, JUNE 19, 2018

THOM BARTRAM WELLNESS CENTER

MEETING MINUTES

Meeting Minutes taken by: Nisha Macleod

1. Welcome and call to Order

B. McKee called the meeting to order at 10:30 a.m., June 19, 2018.

2. Accept June 13, 2017 minutes as circulated

M/S: R. Shultz/ J. Barber

That the minutes be adopted as read.

CARRIED.

3. Business arising out of old minutes

There was no business.

4. Call for other business to be added to the agenda

There was no other business.

5. Reports

5.1 Provincial President's Report

M/S: P. Drews/ R. Shultz

That the report be adopted as read.

CARRIED.

5.2 Executive Director's Report

M/S: P. Drews / R. Shultz

That the report be adopted as read.

CARRIED.

5.3 Treasurer's Report

M/S: T. Sleeva/ R. Shultz

That the report be adopted as read.

CARRIED.

5.4 Auditor's Report

M/S: J. James / J. Barber

That the report be adopted as read.

CARRIED.

5.5 Motion to: Appoint auditor for 2018-19 year

M/S: J. Barber / J. James

That Virtus Group be appointed as auditor for 2018-2019 year.

CARRIED.

5.6 National Representative's Report

M/S: M. Knutson / M. Alvarez

That the report be adopted as read.

CARRIED.

5.7 Partnership Program Report

M/S: M. Knutson / M. Alvarez
That the report be adopted as read.
CARRIED.

5.8 Strengthening Families Together Program Report

M/S: M. Knutson / M. Alvarez
That the report be adopted as read.
CARRIED.

5.9 Your Recovery Journey Report

M/S: M. Knutson / M. Alvarez
That the report be adopted as read.
CARRIED.

5.10 Peer Support Report

M/S: M. Knutson / M. Alvarez
That the report be adopted as read.
CARRIED.

5.11 Healing Through Humour Report

M/S: M. Knutson / M. Alvarez
That the report be adopted as read.
CARRIED.

5.12 Committees Report

M/S: M. Knutson / M. Alvarez
That the reports 5.7-5.13 be adopted as read.
CARRIED.

5.13 Nominations Committee Report

M/S: P. Drews / J. Barber
That the report be adopted as read.
CARRIED.

6. Other Business

There was no other business.

7. Adjournment

B. McKee moved to adjourn the meeting.
CARRIED.

PROVINCIAL PRESIDENT'S REPORT

Another busy year has come and gone and I want to take this opportunity to thank the members of the Board for allowing me to be the President. I want to say a special thanks for several individuals who are leaving the Board at the annual meeting. Janet Barber has been on the Board for several years and I will miss her contributions especially on the fundraising committee. Brian Tkachuk, my former colleague at the Ministry of Health, helped us greatly with our finances and provided wise counsel during some difficult times. Roxanna Schultz also served on the Board for a number of years and participated in the Partnership Program. They will be missed.

I want to thank all the staff and volunteers for their contribution. Without their day to day effort and dedication the Schizophrenia Society would not be able to address its goals.

2018-19 was a year of sadness in which Caryl Gardiner, the wife of one of our long term Board Members, died after a long health struggle.

2018-19 was also a good year. After serving on the Board of Directors for a year Dan Sherven become our Executive Director. He has been quick to learn the role and is doing an excellent job. I look forward to continuing to work with him for years to come. It has been a year with a very successful Champions Dinner as well as an opportunity to partner with the Regina Symphony as well as carry on and expanding our on-going programs including Partnership, Strengthening Families Together and Your Recovery Journey. It was also a year in which our Rural Outreach Program gained annualized funding status with the Ministry of Health.

I want to thank all the people and organizations that contributed to our fundraising efforts both in Saskatoon and Regina, including members of the fundraising committees as well as groups that contribute "live and silent auction" items and persons who sell and purchase tickets. It is a difficult task every year and my hat is off to you.

Thanks also to the Government of Saskatchewan for including a large and much needed supplement to mental health spending in this year's budget. Mental Health has been under-resourced in Saskatchewan for many years and it is very encouraging to see it receive the recognition it so deserves. I hope our efforts at public awareness over the years contributed to your decision.

Thanks again for allowing me to be President of this wonderful organization. I look forward to another great year.

Bruce McKee,

President

EXECUTIVE DIRECTOR'S REPORT

It is with great pleasure to be able to serve as the new Executive Director for the organization. We have made many great strides over the years to make people more aware of Schizophrenia and related mental illnesses and in helping to reduce stigma and get individuals more timely treatment.

We have settled in nicely into our new provincial office building this year. The new office is located on 1311 Saskatchewan Drive. This was made possible by the bequest of Thom Bartram. We have dedicated the multi-purpose room as the Thom Bartram Wellness Center. Thanks to a generous donation from Trade West we have been able to modernize our displays and reception area.

The Partnership Program continues to expand into Rural and Northern Saskatchewan because of the ongoing support of by the Ministry of Health. Gloria Goodman successfully launched the program from Saskatoon last year and continued into the spring. Sean Barschel now heads up the program based from the provincial office in Regina.

Over the past two years we were able to rejuvenate the Strengthening Family and Your Recovery Journey Program in Saskatoon because of the Morris Foundation. In addition to the two programs we have conducted recreational groups due to the high demand in the city. The recreation groups have been expanded and enhanced by a generous grant from the Community Initiatives Foundation.

We had two fundraising/awareness events this year. One was in Saskatoon, Jammin for Mental Health featuring Jay Semko (Northern Pikes) the other was the Champions for Mental Health Dinner in Regina where Jay Semko was again the speaker with about 375 people in attendance. A huge thank-you to our wonderful volunteers in Saskatoon and Regina that worked on these fundraisers because without them, neither of these events would have been possible.

The Schizophrenia Society has been working closely with the Government of Saskatchewan this year. In the fall of 2018, the Society made a presentation to the Human Resources Committee of the government where we educated the committee the programs we offer and the shortfalls we experience. This spring the Ministry annualized our rural and northern expansion funding. In addition, we received \$45,000 one time funding for capital expenditures. Our organization is growing. Due to grants from the City of Regina, we have been able to purchase technology that allows us to be part of a pilot project with E-Health to deliver programs digitally to rural and northern and urban audiences.

I would like to thank our dedicated full-time, part-time and contract staff for their hard work and dedication over the past year. Like many other mental health organizations we lack resources. It has been another difficult year for our small staff to meet the growing demands on our services across the province. But met them they have. With a smile and with compassion. The client always comes first. Thank you for your commitment and your caring attitudes.

Last, but not least I want to thank our Board of Directors for all of their support, hard work and dedication. I would like to thank Bruce McKee for dedication and wisdom as our Board President. I would like to also thank the board members who will be leaving us this year. It's always so hard to see great people go. Your professionalism, compassion, knowledge and expertise will be missed.

Sincerely,



Dan Sherven

Executive Director

Schizophrenia Society of Saskatchewan

TREASURER'S REPORT

I am pleased to report to the members that the financial position of the Schizophrenia Society of Saskatchewan Inc. remains strong, as reflected in the financial statements for the year ending March 31, 2019.

As part of the Board's goals, the Board implemented a deficit budget in 2018-2019 for the purpose of improving subsequent year after year fiscal planning and financial stability. Doing so has allowed the Society to responsibly ensure that there is no expected impact to its ability to deliver key services for the next year.

The Society's operations funding continues to come mostly from Saskatchewan Health and fundraising efforts such as the Champions dinner. Additional revenue sources include funds from investments and the generosity of valued donors in the community.

The Society's Executive Director, Dan Sherven, and committed staff have all shown resolve in limiting unnecessary costs in a year of organizational transition. Staff have continued to show tremendous initiative in exploring means to offset expenditures and making additional use of budgeted expenses. The enthusiastic support of volunteers and caring family members drives the ability of the Society to operate efficiently.

This year saw the Society in its first full year in the new building on Saskatchewan Drive. With the assistance of staff and volunteers, this transition was reflected into costs savings for the organization. In the next year and years ahead, additional work is expected with regards to fine-tuning the continued use of investments, strategic reserves and reviewing organizational policies.

The Board of the Society remains firmly committed to making prudent use of the Society's resources to achieve the goals of improving the quality of life and access to services for those affected by Schizophrenia and psychosis through education, support programs, public policy and research.

Yours truly,

Calen Nixon

Treasurer

AUDITOR'S REPORT

Please see Appendix A.

NATIONAL BOARD REPRESENTATIVE'S REPORT

Our CEO, Chris Summerville, Schizophrenia Society of Canada, continues to be a strong and passionate leader for the National Society.

The Schizophrenia Society of Canada has received a contribution from Health Canada's Substance Use and Addictions Program for a three-year youth engagement and public health awareness project promoting harm reduction and informed decision-making for diverse youth and those who may be at greater risk of the harms of cannabis. Phase three of SSC's Cannabis and Psychosis: Explore the Link (www.cannabisandpsychosis.ca), will engage broadly with stakeholders, including educational partners and other national mental health organizations to ensure that the content is up-to-date, relevant, inclusive and engaging to youth across Canada. A robust social media campaign will be a central component of this participatory project informed by the input of a National Youth Advisory Committee.

The User-Friendly Booklet of the Canadian Clinical Practice Guidelines for Treating Schizophrenia is nearing completion and should be released to the public sometime later this year. This will be geared toward a younger audience.

The SSC continues to work on re-designing their website. It should be completed by June 2019. They also continue to increase their social media footprint and have asked the company that designed the website to also create a social media plan for the organization.

Work continues to be done on reinventing the popular Strengthening Families Together program. It will likely have a new name in the near future and have updated content as well.

The Board, Chris Summerville and staff continue to work, "To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.

It has been great getting to hear stories from other provinces and getting to hear about the amazing work other folks are doing across our tremendous country. I've joined the advocacy committee and am looking forward to our first meeting sometime later this year.

Respectfully submitted,

Jeff James

PARTNERSHIP PROGRAM REPORT

The Partnership Program continues to go strong into its 21st year. Congratulations to the Partnership Program team in Saskatoon as they have reached a milestone of giving their 3,000th presentation and have completed their 20th year as a team. A Partnership team was formed in Regina in 1998 and Saskatoon developed a Partnership team in 1999. A rural team was formed in in 2017. Over the past fiscal year, 376 presentations have been given to 10,228 people throughout Saskatchewan making this the busiest year ever for the program. The team in Regina saw a 40% increase in their number of presentations this past fiscal year. The Partnership Program teams in Regina, Saskatoon, and Rural have given a grand total of 4,899 presentations to 129,258 people from January 1st, 1998 to March 31st, 2019. There were 70 people with the lived experience of mental illness, family members, and mental health professionals that presented in Saskatchewan over the past year.

High School students continue to be our priority target audience as mental illness often develops at this time. There have been 136 presentations given to approximately 3,957 students at high schools and elementary schools over the past fiscal year. Numerous presentations were given to university and college audiences to a wide variety of educational institutions across the province.

There has been a major focus on presenting in rural and First Nations areas the past fiscal year. Presentations were given in Saskatoon, Regina, Prince Albert, Martensville, Clavet, Dalmeny, Kindersley, Eston, Rosetown, North Battleford, Balgonie, Indian Head, Meath Park, St. Walburg, Lloydminster, Southey, Milestone, Yorkton, Swift Current, Fort Qu'Appelle, Lumsden, Wadena, and Wynyard . One presentation was given via Telehealth to the community of Pinehouse. We continued to reach Aboriginal audiences including Gordon First Nations Reserve, Carry the Kettle First Nations Reserve, Punnichy, Indian Head, CUMFI Central Urban Metis Federation Inc. Saskatoon, First Nations University Saskatoon, Oskayak High School Saskatoon, and First Nations Home Care Nursing Conference in Saskatoon.

Numerous presentations were given to RCMP recruits that are trained in Regina and posted across the country. Several presentations were given to the Health Authority Audiences this past year.

Presentations were given to Saskatchewan Assured Income for Disability support workers, Bayshore Home Health, City of Saskatoon Employees, Student Wellness Initiative Towards Community Health Saskatoon, Further presentations were given at drug and alcohol rehabilitation centers, homeless shelters, in hospital psychiatric wards, mental health support groups, health fairs, to community based organizations, businesses and a number of other organizations across Saskatchewan. The Saskatoon team also presented at The Living With Mental Illness Conference.

Gloria Goodman ended her term as rural program coordinator and Sean Barschel took over as the rural program coordinator in September. Tanya Condo completed her fifth year as program coordinator in Regina. Curtis Harman completed his 17th year as program coordinator for Saskatoon and area 20th year as a staff member at the Schizophrenia Society.

Long-time Regina team member Caryl Gardiner and Saskatoon team member Melanie Wassill passed away in 2019. Caryl will be remembered for all her assistance with support groups and for her help with Schizophrenia Society events. Both women will be remembered for making a positive difference in sharing their courageous stories of recovery from mental illness.

Much data and audience feedback has been collected by the Partnership Program to show positive outcome measures and how effective the program is. Out of thousands of audience members surveyed 95% agreed that our presentation raised their opinion of people living with mental illness and 90% strongly agree or agree that they would be more likely to support someone living with a mental illness.

Here are just three out of thousands of positive comments on audience surveys from the past year. “I valued the Partnership Program speaking to the students and helping make a difference in the fight against stigma. It is one of my favorite audiences to attend.” –Regina High School teacher
“Personally, I have had counselors as well, and they continue to tell me that my brother’s suicide attempt was my fault and that I should have known. You guys helped me to not feel alone and to release some of the guilt off my shoulders.” – Rural high school student. “Thank you for opening my eyes to the dangers of pot triggering mental illness. This message needs to be heard by more people that marijuana can trigger schizophrenia, anxiety, and bipolar disorder for some people.” – University of Saskatchewan student

Thank you all out presenters with the lived experience, our family members of people with the lived experience, our mental health professionals, our funders and our hosts for inviting us to present.

Thank you for changing minds about mental health and promoting treatment and recovery in a positive light.

Please contact Tanya Condo in Regina at 306-584-2620 or Tanya@schizophrenia.sk.ca or Curtis Harman in Saskatoon at 306-374-3220 or Curtis@schizophrenia.sk.ca or Sean Barschel for rural areas at 306-584-2620 Sean@schizophrenia.sk.ca if you are interested in joining the Partnership Program team or if you would like to book a presentation. Thank you from the Partnership team.

STRENGTHENING FAMILIES TOGETHER PROGRAM REPORT

Strengthening Families Together (SFT) is a National 10-session program. It is about the issues that impact people with a mental illness and their families on a daily basis. The program covers a wide range of topics including mental illnesses, self-care, communication, advocacy, understanding the mental health system, living with an illness, and recovery. The program is designed to provide support, awareness, and tools to cope.

SFT strengthens the capacities of families to work together towards the recovery of a family member with an illness. Participants include family members of someone with a mental illness and those that live with mental illness. The course leads participants through a series of modules focused on education, skill development, and the recovery model. Facilitators of the program are optimally a family member and a mental health professional. The program was developed by the Schizophrenia Society of Canada and includes established and measurable program outcomes.

The SFT program was offered in Regina and Saskatoon on four occasions over the past year. This spring it was offered digitally for the first time. This was made possible through a generous grant from the City of Regina and a pilot project with E-Health (Web Ex).

We include a Partnership Program presentation each year which is always a highlight with the participants. Feedback is consistently positive.

Sincerely,
Dan Sherven
Executive Director

YOUR RECOVERY JOURNEY PROGRAM REPORT

As of May 2019 Debbie Walters and Maria Alvarez are offering the 3rd round of Your Recovery Journey with WRAP (Wellness Recovery Action Plan). The first round was in September 2018 and the 2nd round was in January 2019. Maria also taught a course one on one to a woman who didn't like groups.

The 8 session course is a combination of Your Recovery Journey with WRAP. It teaches those with mental illness how to achieve high levels of wellness. For example: we learn what our triggers and early warning signs are and make action plans for them. The course stresses personal responsibility and making wise choices. The participants gain insight into their illness as well.

The surveys participants fill out indicate that 100% experience positive changes after taking the course. Both Debbie Walters and Maria Alvarez have lived experience of mental illness. The course is designed to be facilitated by persons who have a mental illness and are further along in their recovery. As a result Debbie and Maria are truly able to empathize with the participants.

We hold the course in the Wellness Centre in our building. The room is perfect for holding the classes. It can hold 13 people comfortably. It is also really nice to have our own space to hold the classes complete with a kitchen and bathrooms.

Both Debbie and Maria love facilitating the Your Recovery Journey with WRAP course. They feel they are helping people remain hopeful and providing people with tools to aid in their recovery.

Respectfully Submitted,

Maria Alvarez

Debbie Walters

Schizophrenia Society of Saskatchewan

PEER SUPPORT REPORT

Maria Alvarez has been the peer support worker since September 2015. She also facilitates a support group once a month as well as facilitates the Your Recovery Journey with WRAP course.

As a peer support worker Maria has helped many people with lived experience of a mental illness. Because she has been thru the gamut with her own illness she is able to sincerely provide hope for those she works with. She not only provides a listening ear but she helps the person navigate the system. For example she helped someone with the steps needed to apply for SAID (Saskatchewan Assured Income for Disability). She also spoke with a person's SAID worker to get a product for incontinence covered. Maria has also told people about different work preparation centres as well as counselling services offered for free or on a sliding scale. She tells people about support groups as well as the Your Recovery Journey with WRAP course. As well she tells them about COAST (Community Outreach and Support Team) which is a very good resource for those with mental illness.

As well as those with mental illness Maria provides support to family members. She reassures them that things will be alright and not to give up hope. Maria tells them about all the new medications available that don't have as many side effects. From her own experience she points out it may take some time to find the right combination of medications.

She also helps family members navigate the system. She tells them about PACT (Police and Crisis Team) if their loved one is at risk of harming themselves or others. She also refers them to the family support group as well as our Strengthening Families Together course. Maria has also provided the family with their psychiatrist's contact information.

The support Maria offers is in person, over the phone or via email. She loves providing hope as she has had a few family members break down in tears. She feels privileged to be able to help those struggling.

Respectfully Submitted,

Maria Alvarez

Schizophrenia Society of Saskatchewan

COMMITTEES REPORT

Over the past year the SSS Executive Director and staff have served on 7 different committees. The Schizophrenia Society of Saskatchewan continues to work closely with many other community partners on a variety of different initiatives and advocacy issues. Each committee is very important to the work of raising awareness and improving Mental Health Services and the quality of life for those living with a mental illness. The following list is the committees we were members of over the past fiscal year:

- Schizophrenia Societies Executive Directors/CEO's
Provincial Networking Group
- Disability Income Support Coalition (DISC)
- Saskatchewan Mental Health Coalition
- Living with Mental Illness Workshop Committee
- Champions for Mental Health Committee
- Jammin for Mental Health

Submitted by,

Dan Sherven
Executive Director
Schizophrenia Society of Saskatchewan, Inc.

NOMINATIONS COMMITTEE REPORT

Nominations and Election of the Board of Directors

The Board of Directors shall consist of a minimum of six (6) members and a maximum of eleven (11) members, each of whom at the time of his/her election or within ten (10) days thereafter and throughout his/her term of office shall be a member of the Society.

Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2018-2019:

1. Bruce McKee
2. Calen Nixon
3. Janet Barber
4. Kathy Evans
5. Brian Tkachuk
6. Tracey Carr
7. Mike Gardiner
8. Jaime Mantesso
9. Jeff James
10. Charlene Pawluk
11. Roxanna Shultz

Current Board members whose terms are continuing:

- Calen Nixon (will be serving the second year of his second term)
- Kathy Evans (will be serving the second year of her first term)
- Tracey Carr (will be serving the second year of her first term)
- Jaime Mantesso (will be serving the second year of her first term)

Current Board members Seeking Re-election for a 2-Year Term:

- Jeff James (will be serving the first year of his second term)
- Charlene Pawluk (will be serving the first year of her second term)
- Bruce McKee (will be serving the first year of his third term)
- Mike Gardiner (will be serving the first year of his third term)

There are 3 board members not continuing terms or seeking re-election:

- Roxanna Shultz
- Janet Barber
- Brian Tkachuk

(The maximum board membership shall be for three continuous two-year terms unless at an annual general meeting, a resolution approved by the membership allows the term of office or the maximum number of terms of a director or directors beyond these limits).

Nominees to the Board of Directors:

-

Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2019-2020

1. Bruce McKee
2. Calen Nixon
3. Tracey Carr
4. Jaime Mantesso
5. Mike Gardiner
6. Jeff James
7. Charlene Pawluk
8. Kathy Evans

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.

REGINA, SASKATCHEWAN

**FINANCIAL STATEMENTS
AS AT MARCH 31, 2019**

**MANAGEMENT'S RESPONSIBILITY FOR
FINANCIAL STATEMENTS**

The accompanying financial statements of **Schizophrenia Society of Saskatchewan Inc.** have been prepared by the Society's management in accordance with Canadian accounting standards for not-for-profit organizations and necessarily include some amounts based on informed judgement and management estimates.

To assist management in fulfilling its responsibilities, a system of internal controls has been established to provide reasonable assurance that the financial statements are accurate and reliable and that assets are safeguarded.

The board of directors has reviewed and approved these financial statements.

These financial statements have been examined by the independent auditors, **Virtus Group LLP**, and their report is presented separately.



Executive Director



President

INDEPENDENT AUDITORS' REPORT

**To the Board of Directors,
Schizophrenia Society of Saskatchewan Inc.**

Qualified Opinion

We have audited the financial statements of **Schizophrenia Society of Saskatchewan Inc.**, which comprise the statement of financial position as at March 31, 2019, and the statements of operations, changes in fund balances and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2019, and its financial performance and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many non-profit organizations, the Society derives revenues from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of revenue was limited to accounting for amounts recorded in the records of the Society. As a result, we were not able to determine whether any adjustments might be necessary in respect of revenues, assets, liabilities or fund balances.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Saskatchewan, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Information Other than the Financial Statements and Auditors' Report Thereon

Management is responsible for the other information. The other information comprises the information included in the annual report, but does not include the financial statements and our auditors' report thereon. The annual report is expected to be made available to us after the date of this auditors' report.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information identified above when it becomes available and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated.

When we read the annual report, if we conclude that there is a material misstatement therein, we are required to communicate the matter to those charged with governance.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

INDEPENDENT AUDITORS' REPORT continued

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- We communicate with those charged with governance regarding, among other matters, the planned scope and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

June 6, 2019
Regina, Saskatchewan

VIRTUS GROUP LLP
Chartered Professional Accountants



SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2019
(with comparative figures for 2018)

ASSETS

	Operating Fund	Reserve Fund	Total 2019	Total 2018
Current Assets				
Cash	\$ 106,141	\$ -	\$ 106,141	\$ 118,970
Investments (Note 3)	-	412,361	412,361	356,271
Accounts receivable	13,518	-	13,518	16,049
Prepaid expenses	1,420	-	1,420	517
Due from (to) reserve fund	152,868	(152,868)	-	-
	273,947	259,493	533,440	491,807
Tangible Capital Assets (Note 4)	370,985	-	370,985	382,516
	\$ 644,932	\$ 259,493	\$ 904,425	\$ 874,323


LIABILITIES


Current Liabilities				
Accounts payable and accrued liabilities	\$ 31,679	\$ -	\$ 31,679	\$ 28,446
Deferred revenue	72,257	-	72,257	48,662
Current portion of long-term debt (Note 5)	8,300	-	8,300	8,000
	112,236	-	112,236	85,108
Long-Term Debt (Note 5)	231,433	-	231,433	239,794
	343,669	-	343,669	324,902

FUND BALANCES

Internally Restricted Funds (Note 6)	300,986	-	300,986	-
Unrestricted Funds	277	259,493	259,770	549,421
	301,263	259,493	560,756	549,421
	\$ 644,932	\$ 259,493	\$ 904,425	\$ 874,323

APPROVED BY THE BOARD:


 _____ Director
 Calen Nixon, Treasurer


 _____ Director
 Bruce McKee, President

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
STATEMENT OF CHANGES IN FUND BALANCES
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

	Internally restricted funds	Unrestricted surplus	Reserve fund	Total 2019	Total 2018
Balance - beginning of year	\$ 252,206	\$ 37,722	259,493	\$ 549,421	\$ 547,341
Excess (deficiency) of revenues over expenses	48,780	(45,701)	8,256	11,335	2,080
Interfund transfers	-	8,256	(8,256)	-	-
Fund balances - end of year	<u>\$ 300,986</u>	<u>\$ 277</u>	<u>\$ 259,493</u>	<u>\$ 560,756</u>	<u>\$ 549,421</u>

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

	<u>Operating Fund</u>	<u>Reserve Fund</u>	<u>Total 2019</u>	<u>Total 2018</u>
Revenues				
Grants - Province of Saskatchewan	\$ 288,579	\$ -	\$ 288,579	\$ 246,418
Donations	154,861	-	154,861	154,409
Other revenue	12,763	2,542	15,305	17,887
	<u>456,203</u>	<u>2,542</u>	<u>458,745</u>	<u>418,714</u>
Expenses				
Amortization	11,531	-	11,531	5,766
Board and fundraising expenses	8,272	-	8,272	10,253
Building occupancy	6,835	-	6,835	14,957
General and administrative	43,474	-	43,474	41,376
Office and general	16,745	-	16,745	14,443
Other contracts	8,531	-	8,531	10,997
Partnership program Regina	137,128	-	137,128	80,673
Partnership program Saskatoon	71,091	-	71,091	71,871
Programs	8,649	-	8,649	19,882
Promotion and publicity	25,959	-	25,959	33,778
Travel	3,600	-	3,600	1,794
Volunteer recognition	379	-	379	1,105
Wages and benefits	110,930	-	110,930	113,046
	<u>453,124</u>	<u>-</u>	<u>453,124</u>	<u>419,941</u>
Excess (deficiency) of revenues over expenses from operations	3,079	2,542	5,621	(1,227)
Other income				
Gain (loss) on investments	-	5,714	5,714	3,307
Excess (deficiency) of revenues over expenses	\$ 3,079	\$ 8,256	\$ 11,335	\$ 2,080

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

	<u>2019</u>	<u>2018</u>
Cash provided by (used in) operating activities:		
Excess of revenues over expenses	\$ 11,335	\$ 2,080
Items not involving cash:		
- Amortization	11,531	5,766
	22,866	7,846
Non-cash operating working capital:		
- Accounts receivable and prepaid expenses	1,628	7,863
- Accounts payable and accrued liabilities	3,233	(10,412)
- Deferred revenue	23,595	11,648
	51,322	16,945
Cash provided by (used in) investing activities:		
Additions to capital assets	-	(388,282)
Net change in investments	(56,090)	(4,559)
	(56,090)	(392,841)
Cash provided by (used in) financing activities:		
Proceeds from long-term debt	-	250,000
Repayment of long-term debt	(8,061)	(2,206)
	(8,061)	247,794
Decrease in cash	(12,829)	(128,102)
Cash position - beginning of year	118,970	247,072
Cash position - end of year	\$ 106,141	\$ 118,970

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

1. Purpose of the organization

The Society was incorporated in the Province of Saskatchewan under the *Non-Profit Corporations Act*, 1995 without share capital. The purpose of the Society is to provide education and encourage research into schizophrenia and provide help for individuals and family members who are afflicted with schizophrenia. The Society is exempt from taxation under section 149(1)(f) of the *Income Tax Act*.

2. Summary of significant accounting policies

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations which required management to make estimates and assumptions that affect the reported amount of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amount of revenues and expenses during the period. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in earnings in the period in which they become known. The financial statements reflect the following policies:

Fund accounting

The Society follows the restricted fund method of accounting.

The Operating Fund accounts for the Society's administration activities and certain program delivery. It reports unrestricted resources and certain restricted operating grants. Transfers from this fund are made at the direction of the Board of Directors.

The Reserve Fund segregates invested resources arising from prior surplus revenues.

Internally restricted funds

The Organization has established four internally restricted funds.

- The equipment reserve fund was established to provide funds for purchase or replacement of equipment that has a useful life of more than one year.
 - The building and furniture reserve fund was established to provide funds for the purchase of a building and furniture to house the general office and programs of the Society.
 - The fundraising reserve fund was established to fund staffing and purchase the necessary goods and services for any fundraising event sanctioned by the Society.
 - The program initiative reserve fund was established to provide funding for any program initiative approved by the board that has an expected duration of 12 months or less.
-

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

2. **Significant accounting policies (continued)**

Tangible capital assets

Tangible capital assets are recorded at cost less accumulated amortization. Amortization of 4% is provided on the straight line basis over the estimated useful life of the building.

Revenue recognition

Unrestricted contributions are recognized as revenue in the the appropriate fund in the year received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Restricted contributions, for which no separate fund exists, are deferred until the year that the related restrictions are fulfilled, at which time they are recognized as revenue.

Contributed services

Volunteers contribute many hours each year to assist the Society in carrying out its delivery activities. These contributions are not recognized in the financial statements as the fair value of these donated services are not reasonably determinable.

Financial instruments - recognition and measurement

Financial assets and financial liabilities are recorded on the statement of financial position when the Society becomes party to the contractual provisions of the financial instrument. All financial instruments are required to be recognized at fair value upon initial recognition, except for certain related party transactions. Measurement in subsequent periods of equity instruments is at fair value. All other financial assets and financial liabilities are subsequently measured at amortized cost adjusted by transaction costs, which are amortized over the expected life of the instrument.

Fair value is the amount at which a financial instrument could be exchanged at arm's length between willing, unrelated parties in an open market. Changes in fair values of financial assets and financial liabilities measured at fair value are recognized in excess of revenues over expenses.

When there is an indication of impairment and such impairment is determined to have occurred, the carrying amount of financial assets measured at amortized cost is reduced to the greater of the discounted cash flows expected or the proceeds that could be realized from sale of the financial asset. Such impairments can be subsequently reversed if the value improves.

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2019
(with comparative figures for the year ended March 31, 2018)

7. **Financial risk management**

The Society has a risk management framework to monitor, evaluate and manage the principal risks assumed with financial instruments. The significant financial risks to which the Society is exposed are:

Interest rate risk

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. The Society's exposure to interest rate risk is limited to the long-term debt which has a fixed interest rate and therefore, does not expose the Society to additional risk.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Society's exposure to liquidity risk is dependent on the receipt of funds from its operations, donations, and grants. Funds from these sources are primarily used to finance working capital and are considered adequate to meet the Society's financial obligations.

Price risk

Price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. The Society's investments in mutual funds expose the Society to market price risk as such investments are subject to price changes in the open market. The Society does not use any derivative financial instruments to alter the effects of this risk.

8. **Economic dependence**

Approximately 63% (2017 - 59%) of the Society's revenues are provided as grants from the Province of Saskatchewan. As a result, the Society is dependent upon the continuance of these grants to maintain operations at their current level.
